









CA Spring

# tales' tip

Giving your child paper and crayons, markers, or pencils, even when they can only scribble, is the beginning of early writing. It takes a lot of coordination to write. Scribbling and drawing are the beginning steps to writing. The Early Literacy Kit

# activity

Sort real or pretend food by treats and/or healthy.

Make ice cream scoops and put them into a paper cone. How many scoops can you make? Which is your favorite flavor?

## digital fun

What Kind of Eater Are You? Carnivore, Herbivore, or Omnivore? PBS Kids



READ

The Runaway Pea by K. Poskitt

Mouse Mess by L. Riley

Lunch by D. Fleming

**Ramen For Everyone** by P. Tanumihardja

**Everyone Loves Bacon** by K. DiPucchio

Who Put The Cookies In The Cookie Jar? by G. Shannon

### PLAY

Make pretend food out of paper or playdough and enjoy the feast. Learning through **play** is relaxed, fun, and creative. Through a single enjoyable activity, your child can learn about following directions, taking turns, and showing appreciation to others, all skills that are necessary for healthy development.

### TALK

Talk about what foods you see and/or recognize in a book or your environment. You could play I Spy with items on a page in a book or in your environment.

## SING

#### **Five Fat Sausages**

Five fat sausages sizzling in the pan (repeat 2 times)

All of a sudden one went BAM! (clap hands)

Four fat sausages...

Three fat sausages...

Two fat sausages...

One fat sausage...

#### Five Little Ice Cream Cones

Five little ice cream cones so good to eat. The first one said, "I'm a summer time treat.' The second one said, "It's such a hot day." The third one said, "I'm melting away." The fourth one said, "Don't lose your top." The fifth one said, "Oh dear, kerplop!"

## WRITE

Write down, make a list, or draw your favorite food and least favorite food. Writing and drawing helps your child make the connection that letters and words have meaning, which prepares your child for reading and writing.

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